



## Domestic Violence

Generally, domestic violence is a pattern of controlling behaviors carried out by one person in an intimate relationship to maintain power and control over the other. It is seen in male/female, same sex, and two spirited partner relationships.

Native American women are 2.5 times more likely to be raped or sexually assaulted than any other group of women in the United States. Domestic violence affects one in four (25%) women nationally.

### **KNOW YOUR RIGHTS!**

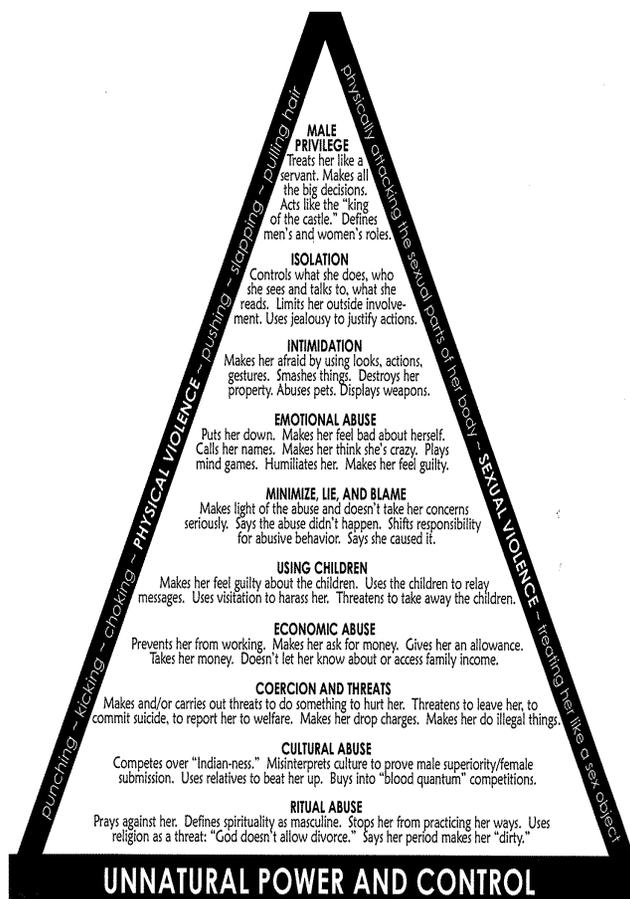
#### YOU HAVE A RIGHT TO:

- ⇒ Live without fear
- ⇒ Be treated with respect
- ⇒ Be listened to and taken seriously
- ⇒ Say "no"
- ⇒ Make mistakes like everyone else
- ⇒ Have your needs met
- ⇒ Privacy
- ⇒ Support and friendship



## Violence Against Native Women

Violence against Native women is unnatural. This triangle displays some tactics used to gain unnatural power and control over another:



## LTBB Victim Support Services

Violence and abuse are not Native traditions. The Victim Support Services Program at Little Traverse Bay Bands of Odawa Indians provides services to individuals experiencing violence in their lives. LTBB provides services to Emmet, Charlevoix, and Cheboygan counties.



Women's Resource Center of Northern Michigan

The Women's Resource Center of Northern Michigan also provides emergency support services to survivors of domestic abuse, sexual assault and stalking in Antrim, Charlevoix, Cheboygan, Emmet and Otsego counties.

**24-Hour Crisis and Information Line:**

**(231) 347-0082**

**Long distance (800) 275-1995**

**National Domestic Violence Hotline**

**(800) 799-SAFE (7233)**

## Are you in a safe relationship?

These questions may indicate an abusive relationship:

- Does your partner put you down, call you names, or make you feel bad about yourself?
- Has your partner ever made you do something humiliating or degrading, or embarrassed you in front of others?
- Has your partner intentionally damaged your possessions or threatened to do so?
- Does your partner make all the big decisions and/or control the money?
- Are you afraid that if you left, you would be attacked, harassed, or stalked?
- Has your partner threatened you, your children, family, friends, or pets?
- Has your partner ever pushed, shoved, slapped, kicked, choked, restrained you physically, or hurt you in any other way?
- Has your partner ever used a weapon to threaten you or threatened to kill you?

*If you answered yes to any of these questions you may have experienced a form of domestic abuse. You may feel scared, embarrassed, and unsure of how to get help. You are not alone and you are not to blame. No one deserves to be abused, LTBB Victim Support Services can help you.*



## Victim Support Services

Assistance is available to all Native American women and girls and non-native intimate partners, regardless of age and tribal affiliation, who are victims of domestic violence, dating violence, sexual assault or stalking and their families as appropriate.

### Assistance may include the following:

- ⇒ Problem solving and safety planning
- ⇒ Cultural advocacy
- ⇒ Non-emergency transportation
- ⇒ Therapy assistance
- ⇒ Emergency food vouchers
- ⇒ Relocation
- ⇒ Clothing
- ⇒ Toiletries
- ⇒ Advocacy and referrals
- ⇒ Court accompaniment
- ⇒ Assistance with personal protection orders

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## Little Traverse Bay Bands of Odawa Indians

Department of Human Services

## Victim Support Services



***"Violence against women is not a Native traditions"***

### LTBB DHS Contact Information:

Address: 911 Spring Street,  
Petoskey, MI 49770

Phone: (231) 242-1620

Women's Resource Center  
of Northern Michigan

24-Hour Crisis and Information Line:

(231) 347-0082

(800) 275-1995 (long distance)

