

Locations

American Indian Health & Family Services of SE Michigan (Detroit)

313-846-6030 ext 1125

Bay Mills Indian Community

Ellen Marshall Memorial Tribal Health Center
906-248-8360

Hannahville Indian Community

Tribal Dept. Of Health & Human Services
906-723-2544

Keweenaw Bay Indian Community

Tribal Dept. Of Health & Human Services
906-353-4543

Lac Vieux Desert Band of Lake Superior Chippewa Indians

Tribal Health Center
906-358-4587 ext 106 & 107

Little Traverse Bay Bands of Odawa Indians

Tribal Health Center
231-242-1614

Match-E-Be-Nash-She-Wish "Gun Lake" Tribe (OAH funding only)

Health & Human Services Dept
616-681-0360 x322

Nottawaseppi Huron Band of Potawatomi Indians (OAH funding only)

Wyoming Northern Health Clinic 1-888-662-2808
Fulton Southern Health Clinic 269-729-4422

Saginaw Chippewa Indian Tribe

Nimkee Memorial Tribal Wellness Center
989-775-4629

Inter - Tribal Healthy Start Grand Rapids Office

850 Chatham NW — Tel: 616-458-4078

The Maaajtaag Mnobmaadzid Project is made possible through grants administered by the Inter-Tribal Council of Michigan, on behalf of the participating Tribal and Urban Communities.

For More Information Contact:



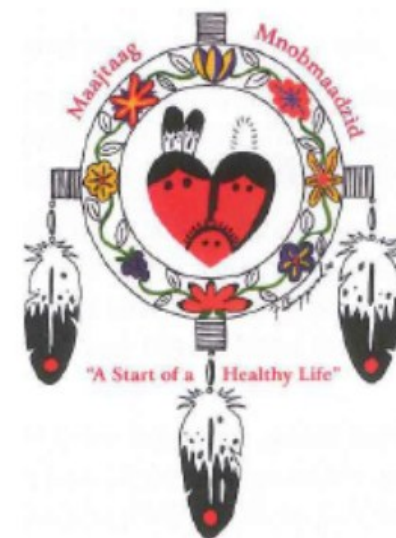
Inter-Tribal Council of Michigan, Inc.
2956 Ashmun Street
Sault Ste. Marie, MI 49783
906-632-6896



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Inter - Tribal Council of Michigan, Inc.

Healthy Start Project Pregnancy Assistance Fund Project



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Sault Ste. Marie, MI

Maajtaag Mnobmaadzid

(Maj- tog Minowb-maude-zid)



“A Start of a Healthy Life”

Traditionally, pregnancy is a sacred state of being.

Keeping women and babies safe and healthy has always been an honorable and expected way of life for Anishinabe.

When a woman knew she was pregnant, the life inside became her first thought. She was very aware of the need to take care of her health right from the start.

Maajtaag Mnobmaadzid is designed to complement, not replace prenatal, postpartum and pediatric medical care.

In addition to providing support and education during pregnancy, there is also a focus on helping women become and stay healthy before and between pregnancies. We affirm the sacred role of women in the community as givers of life, and promote understanding of the importance of family well - being and the health of women throughout the lifespan.

What do we have to offer?

- Home or office visits by a Maternal Child Health Nurse
- Support and education based on the needs of the family
- Services to women with high-risk pregnancies
- Referral, follow-up and after-care services for a variety of family needs
- Education and breast-feeding support
- Depression screening to pregnant women and new moms
- Transportation to medical and other appointments is provided at some sites
- Health education counseling for teens and their families
- Participate in collaborative community efforts to develop and improve services for families
- Conduct community health promotion classes and events

**** Services available at each site may vary and are based on the needs of the community and resources available ****

Who are we hoping to reach?

We hope our services will reach any woman who will be bringing an Anishinabe baby into this world.

Our Program is designed to provide services needed to both mom and her newborn up to the age of two years.

There are no income guidelines to determine eligibility.

What do we hope to accomplish?

We are working toward providing services and information that will keep our infants, women, and families in the best of health.

If we remember traditional teachings and combine those with today's health care information, we are sure to build strong families and strong nations and give our children a healthy start in life.

