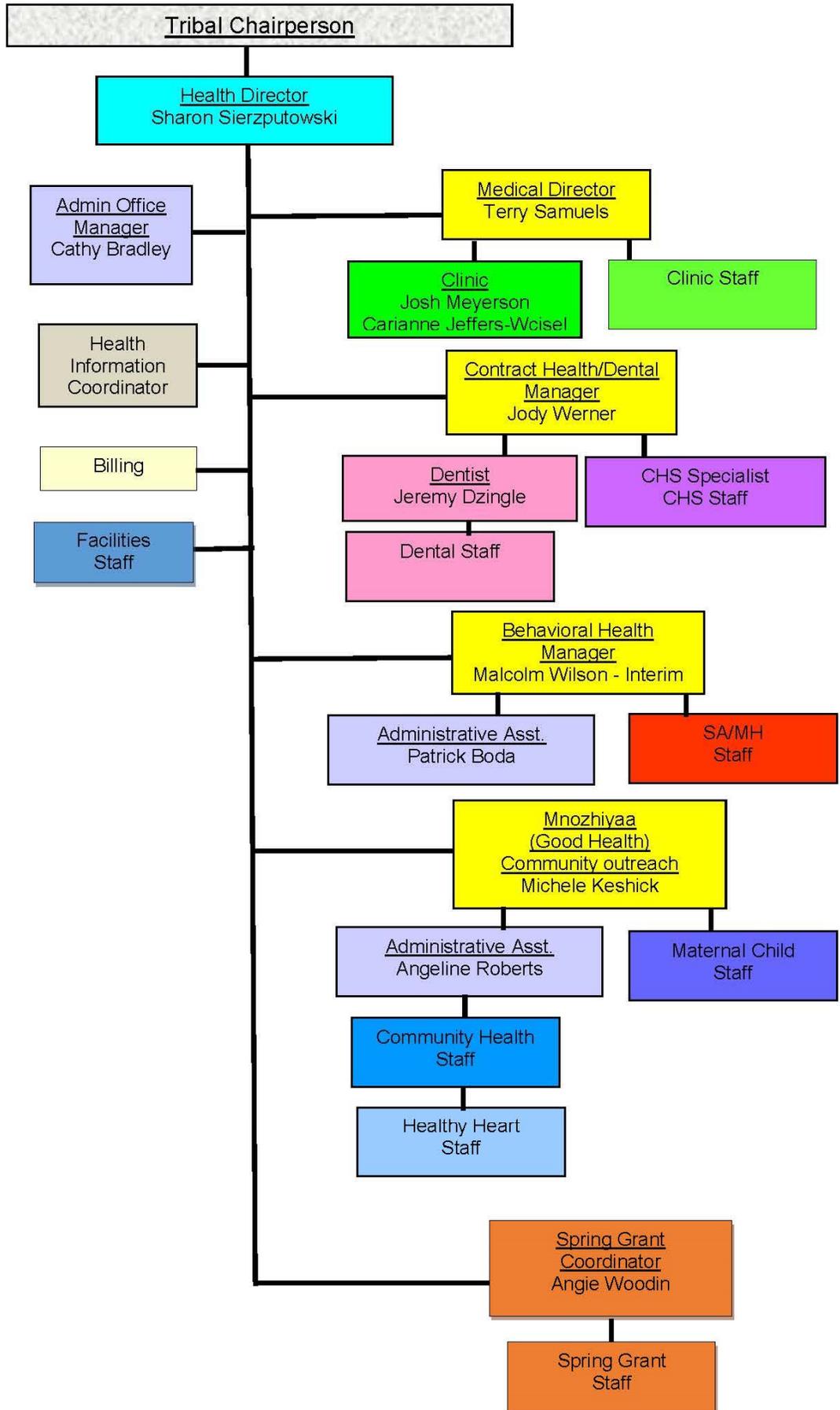


Mina Mskiki Gumik 2015 Annual Report



1250 Lears Rd.
Petoskey, MI 49770
231-242-1700





05/2016

Mina Miskiki Gumik

2015 Health Department Budget	
I.H.S. Annual Funding Agreement	\$5,170,684.00
Actual Expenditures	\$5,087,961.19
Heath Department 3 rd Party Billing	\$425,449.00
Substance Abuse Revenue	\$3,684.40
Substance Abuse ATR Revenue	\$115,857.00
Dental 3 rd Party Revenue	\$154,283.22

The Little Traverse Bay Bands of Odawa Indians (LTBB) Health Department is majorly funded under a 638 contract with the US Indian Health Service. This contract (Annual Funding Agreement) outlines the core services that we provide, such as Health Administration, Health Clinic, Purchased/Referred Care (formally Contract Health), Community Health, Dental and Behavioral Health (formally Substance Abuse / Mental Health). In addition special programs are provided through grants obtained from various funding entities, which allow us to expand and augment the services provided by the LTBB Health Department.

It is the responsibility of Health Administration for the overall planning, development, implementation and management of the services provided by the LTBB Health Department. To develop and expand services for direct medical care, preventative medicine, community health, included in Indian Health Services (I.H.S.) 638 Contract and all other health grants and contracts.

To plan and organize activities related to clinical services to ensure patient needs are met in accordance with medical standards and health care administrative standards. To develop partnerships and coordinate activities with other health service agencies to increase services and extend program dollars. To develop programs and access resources to incorporate wellness education and disease prevention activities for LTBB Tribal Members.

The Health Administration team is made up of the Health Director Sharon Sierzputowski RN, BSN, PA-C, Medical Director Dr. Terry Samuels MD. Departmental Managers: Purchased/Referred Care and Dental Jody Werner and Dr. J Dzingle, Community Health, Michele Keshick, Behavioral Health Manager, Kelly Ingleson and Health Information Coordinator, Andria Bronson-John.



Contract Health Services (CHS)

End of Year Data 2015	
Reference Numbers Issued	10,340
Number of bills paid	5708
Amount paid to Providers	\$867,638
Prescription Costs:	
340-B Drug Program Amerisource Bergen	\$220,955
Prescription Services	\$142,442
Rite Aid	\$148,833
TOTAL Prescription Costs:	\$512,230
Active CHEF (catastrophic) Cases	0

Contract Health Manager—Jody Werner

LTBB Contract Health Services (CHS) is a federally funded (IHS) program that helps eligible Tribal Citizens pay for health care services that are referred from our LTBB Clinic. When a patient receives these services, CHS pays insurance co-pays and deductibles, or the agreed upon reimbursement rates for our uninsured patients.

CHS expenditures decreased in 2015 to \$867,638 from \$1.03 million in 2014, which is the second year in a row of decreased CHS expenditures. These decreases are mostly attributed to expanded Medicaid in Michigan, which is a result of the Affordable Care Act. Our Patient Benefits Specialist helped over 230 Tribal citizens and their families to enroll into, or maintain enrollment into Medicaid.

There were no CHEF cases (cases that exceed \$25,000 in CHS costs) in 2015, also contributed to the decrease in CHS expenditures in 2015.

CHS is under the management of the Contract Health/Dental Manager. Staff positions in Contract Health Services include: Contract Health Front Desk Assistant, two Contract Health Assistants, Contract Health Specialist, Patient Benefits Coordinator, and a Central Registration Clerk.



The Patient Benefits Specialist position has been productive in 2015. This position has assisted over 230 people enroll, or maintain enrollment in Michigan Medicaid and helped eligible elders enroll in Medicare/Social Security programs that help pay for Medicare B and D. This year, they became a certified MMAPS counselor (Medicaid/Medicare certification) and also a Tribal Veterans Representative. They have also assisted has been provided to Tribal Citizens to file exemption forms so that they do not pay the tax penalty for not having health insurance.

A new initiative was started to create revenue health services utilizing the 340B discount drug program. LTBB has used 340B discounted drugs for our uninsured patients for several years. Agreements were put in place to expand the use of 340B drugs for insured patients as well, and after the cost of drugs, dispensing fees, and third party administration fees, the revenue from the third party insurers will be returned to LTBB. The quality control period started on December 10, 2015, and the program went live on January 1, 2016. Updates on revenues will be provided in 2016.

The name of this program, Contract Health Services, was changed in the federal register to Purchased/Referred Care and LTBB will be making that name change in 2016.



Health Clinic

Medical Director—Dr. Terry Samuels

The Mina Mskiki Gumik (Health Clinic) is a full service primary care clinic. Health services are provided five days per week. Office hours are 8 a.m. to 5 p.m. with patient care hours from 9 a.m. to 5 p.m. Dr. Terry Samuels, MD, Medical Director, is a family medicine physician who sees patients Wednesday through Friday. An LTBB tribal member, Dr. Samuels has been with the clinic since 2002. Dr. Joshua Meyerson, MD, MPH, is a pediatrician who sees patients one day per week at the clinic. Dr. Meyerson is also the Medical Director for the Health Department of Northwest Michigan. Dr. Meyerson has been with the clinic since 1998. CariAnne Jeffers-Wcisel, MS, PA-C, is a physician assistant has been with the clinic since 2002. Sharon Sierzputowski, BSN, PA-C, Health Director, is a physician assistant and a LTBB tribal member who also sees patients in the clinic as a primary practitioner on patient request basis. Mina Mskiki Gumik Health Clinic also employs one Registered Nurse, two Medical Assistants, and four front office staff.

The health clinic saw **1424** patients in 2015 with over **4,500** visits.

Our health promotion and disease prevention efforts continue through education and screening. We are improving documentation of health indicators such as smoking status, alcohol screening, domestic violence and obesity among others. Improved reporting is a necessary component of treatment and prevention. Promoting healthy behaviors that include exercise, nutrition and safe sex continue to be a top priority of our providers.



When it comes to eating right and exercising, there is no I'll start tomorrow—Tomorrow is disease.

Dental Clinic

Dental End of year 2015	
Number of Appointments	1936
No Show Appointments	365
New Patients Registered	151

Dental Manager—Jody Werner

The Dental program offers the full range of Dental services including dental hygiene (cleaning) and restorative services such as filling, simple root canals, crowns, bridges, and dentures. The Dental Clinic is staffed with a full time Dentist, Dental Assistant, Dental Hygienist, and Dental Front Desk Assistant. The Dental Clinic schedules appointments five days per week.

Patients not showing up to their dental hygiene appointments continues to be an issue. The hygiene scheduling process was adjusted, yet patients continue to miss their cleaning appointments. The dental staff continues to address this situation with patient education and encouragement. Appointment cards and doing reminder calls to patients are still part of the process.



Substance Abuse/Mental Health (SA/MH)

Substance Abuse/Mental Health Manager—Kelly Ingleson

This is a program of the Health Department. The program employs four Masters Level Counselors, who provide comprehensive substance abuse and mental health services including individual counseling, as well as group counseling, to the Tribal Community. The Program offers MATRIX Group three times per week as well as an Anger Management Group. There is a weekly AA meeting held on Wednesday evenings at 7:00 PM, as well as an AL-ANON meeting, also on Wednesdays at 7:00 PM. Both of those meetings are open to the public and anyone looking for support may attend.



The name of this program, Substance Abuse/Mental Health, was changed in the federal register to Behavioral Health and LTBB will be making that name change in 2016.



All therapists hold an LPC (Licensed Professional Counselor) or LLPC (Limited Licensed Professional Counselor) or LMSW (Limited Licensed Masters of Social Work) through the State of Michigan and have developmental plans on file with MCBAP (Michigan Certification Board for Professionals) for CAADC IC-RC (Certified Advanced Alcohol and Drug Counselor with International and Reciprocal Certification).

There is a contracted PhD access to a Psychologist for up to 16 hours per week to help evaluate, test and refer people for additional services beyond the scope of a Masters level counselor.

SA/MH Grants

SA/MH Grants	
Access to Recovery (ATR)	\$105,872.00
CTAS PA #3 5111	\$532,237 over 3 years
CTAS PA#3 5117	\$666,036 over 3 years

Access to Recovery Grant Report

ATR is managed for LTBB by Jennifer Wilson. ATR is a presidential initiative and competitive vendor program to States, Territories and tribal organizations. It is funded by SAMHSA which is Substance Abuse and Mental Health Services Administration. The purpose of ATR is to provide outpatient therapy, residential treatment and recovery services to individuals who have been diagnosed with alcohol or other drug abuse or dependency problems. The intent of the program is to assist these individuals in recovery by supporting them in becoming healthy, fulfilled and productive members of their communities. An important component of ATR is the choice that clients are given in selecting services and the providers of the services once they are enrolled in program

The ATR target population are tribal members living within the 27 county service area of the Tribe including LTBB Tribal Members, members of other Federally Recognized Michigan Tribes; members of non-Michigan tribes, including Canadian tribes residing in our service area, non-enrolled direct descendants of tribal members; and non-Native family household members of tribal members living within the service area.

Recovery is remembering who you are and using your strengths to become all that you were meant to be.



CTASPA #3 5111 Grant Report (year 3) 2015

Chris Polasky is the Project Coordinator and Jody Ginop is the Master level Therapist.

Our CTAS PA3 Masters Level Therapist has averaged a caseload of 28-32 individual Court involved clients during the year, 4-5 of those being Tribal Healing to Wellness Court, others being involved in Emmet or Charlevoix courts with cases that present alcohol or drugs as a contributing factor to the offense. This is a high number of clients. The industry standard for therapist caseloads is 24.

We are active participants on the Drug Court Team; Co-lead of MATRIX substance abuse group therapy sessions. Provide Substance Abuse counseling services for County and Tribal Healing to Wellness Court participants and coordination of treatment services.

The focus areas of this grant project include: alcohol and substance abuse prevention, intervention and treatment; alcohol and substance abuse risk and needs assessment; development of treatment programming and implementation from the SAMH approach to alcohol and substance abuse prevention; law enforcement; tribal court services; healing to wellness adult drug court enhancement; and justice system information sharing. The majority of court clients also have drug and alcohol issues.

During 2015 the Behavioral Health Program Manager (BHP), CTAS Master Level Counselor and CTAS Program Coordinator have continued to be a part of the Healing to Wellness Team. The team meets every Wednesday morning prior to the weekly Healing to Wellness court session. The team also participates in the court session along with the BHP staff, the Healing to Wellness Court Team consists of: The Tribal Court Judge, Tribal Court Administrator, Tribal Court Lead Clerk, Healing to Wellness Court Defense Attorney, Tribal Court Prosecutor, Tribal Court Cultural Advisor, Tribal Court Probation Officer, and two members of the community, one a former counselor, the other a graduate of the Healing to Wellness Court. The court team has had visits from members of other Healing to Wellness Court Teams, and staff from our Emmet-Charlevoix court counterparts, to observe our meetings and hearings. Law enforcement services include upgrades to the police dispatch office and a monitor to all CTAS installed, security cameras at the 911 Spring St. offices. Tribal Court services include security systems and on-site substance abuse counseling for offenders.



Ongoing duties and accomplishments during 2015: We have continued to receive updated inmate lists from Emmet/Charlevoix county jails, and have visited potential clients in jail to offer supportive services and avenues to inpatient treatment; have continued to provide incentives to Healing to Wellness Court clients who have exhibited changes in behavior that lead to healthy lifestyles; have continued to provide Direct Client Services to Healing to Wellness court clients to fulfill basic needs or alleviate unexpected emergent circumstances that cause barriers to sober living; have provided Healing to Wellness Court client drug and alcohol screens through CTAS. These are random, and provide a critical accountability component to the program; have continued to have Healing to Wellness phase cultural ceremonies. Phase fires are a requirement for Healing to Wellness participants in order to move to the next phase of the program.

Our Healing to Wellness Court Cultural Advisor takes the lead in these all day events. A new addition to the Phase Fire, has been the “water ceremony” which is traditionally carried out by females. These are all day events and members of the team are invited to come and visit during the day to provide support and assist with reflection.

The goal of this project is to enhance the LTBB justice system including alcohol and substance abuse prevention, intervention, treatment, law enforcement, tribal court services, healing to wellness courts and justice system information sharing.



CTAS PA#3 5117

Sabrina Spearman is the Project Coordinator and Therapist. Anthony Davis is the Cultural Advisor. The group meets on: Thursday 5:00-8:00 p.m.

The focus areas of this grant project include: alcohol and substance abuse prevention, intervention, and diversion. The therapist alongside the cultural advisor have enhanced the teachings of the 40 assets as defined by the Search Institute.

Each week, the adolescents in the age group of 13-18 years of age have access to individual therapy sessions along with a therapy group with a parent/parents/mentor.

The primary target is to reach adolescents who are at-risk, or in need of intervention, prevention, and diversion tactics to prevent alcohol and/or substance abuse.

The participants will be identified teens as well as their chosen adult mentors. They will meet for 44 weeks and focus will be placed on Native American teachings of the Seven Grandfathers while building the 40 developmental assets as identified by the Search Institute. As reported by the Search Institute, the more assets an individual has in place, the more likely they are to be successful in life.

The meeting will begin with a traditional Native greeting offered by a Little Traverse Bay Bands Cultural Advisor. The Cultural Advisor and/or elder speaker for the evening will do a relevant teaching. This can include native songs, crafts, dance, or story that will help these teens become more invested and committed to the heritage of the Odawa culture.

The participants will eat together as a family which strengthens many of the assets that will be presented in the 44 weeks of teachings. Upon completion of the meal, the whole group will work together to clean up and restore the area to its original condition.

When this task is finished, the curriculum for the week's lesson will be presented through examples, stories, and activities to complete that evening, or homework for the next week. Each week's asset will have a cultural relationship built into the teachings.

At the end of the evening, the group, as a whole, will reflect and promote open communication on the learning and what each person will take away from the evening's events. The group will then participate with the Cultural advisor on a closing ceremony.

When the group nears the end of the journey, each participant will be given the opportunity to do a vision quest and/or a naming ceremony.



Community Outreach

Mnozhiyaa
(Live in Good Health)

Mnozhiyaa Manager—Michele Keshick, RN. BS

We focus our programs/interventions on wellness that can be obtained through positive lifestyle changes, preventing disease and promoting health by focusing programming on education, stress reduction, lifestyle changes - improving food choices and increasing time spent with family by being physically active, incorporating tradition and culture into our programming across the life to restore balance and live mnobimaa-dizwin-good way of life. The restoration of harmony that we once enjoyed as a people is paramount to this process. We work towards this by incorporating the tradition and culture into our programming.

We provide community members with home health services, navigating the health care system, provide medical transportation, health education, Native Way Wellness Center 1 & 2, dietician and traditional medicine services. We also work with Mina Mskikgumik to improve patient care by meeting our GPRA goals. We also host and assist many events throughout the year such as Win by Losing, Tribe to Tribe Challenge, 2015 Project Connect, Odawa Casino Resort Health and Wellness fair, our own Health Fair, Fall Encampment, Labor Day Bear River Bridge Walk Goongenibig and Michigan Family Olympics.



Home Health Nurse-Val Williams is enjoying her retirement! This position is currently vacant. We expect to have Val's replacement in the next 30 days. At this time community health staff is covering this position which provides the following services: home visits, wellness checks, medication monitoring and set up, lab draws, catheter changes, wound assessments and dressings, and health assessments. In addition, this person will also assist the patients navigate the health care systems, as well as, accompany the patients to medical appointments as needed. Currently, we service about 20 patients on a regular basis.

CHR's-Mary Gasco and Carol Kiogima continue to do home visits, as well as, work in foot clinic 2 days a week. They accompany patients to their doctor appointments and help them navigate the health care systems. They also provide emergent medical transportation as needed. Carol provides coverage for the following positions: medical assistant, medical records, clinic and community health reception as needed. They also assist with all of the community health events throughout the year.

Community Health Administrative Assistant-Angeline Roberts. Angie is the go to person for scheduling appointments and medical transportation. She can be reached at 231.242.1601

Medical transportation provided by Matt Davis continues to be accessed to capacity. We have emergent situations that require additional community health staff to assist with the overflow transport. This position is now funded by community health.

Registered Dietician-Charla Gordon's is contracted as well to provide nutritional assessments, nutritional counseling, and medical nutrition for individuals and groups. She teaches the nutritional component of our Laugh, Learn and Live Well classes and the Honoring the Gift of Heart Health classes.

Traditional Healer services- Jake and Mary Pine our contracted to provide traditional teachings, medicines, healing and ceremonies three days a month. Appointments can be made by calling Angeline Roberts at 231.242.1601.



Mnozhiyaa Grants

2015 Monzhiyaa Grant Revenue	
SDPI Mno Ode (Healthy Heart)	324,300
SDPI Diabetes Control and Prevention Grant	124,160
Tribal Home Visiting	35,000
Healthy Start	64,000
Reach Journey to Wellness	75,000
Colon Cancer	20,000
BCBS Walking Challenge	3,500

Special Diabetes Program for Indians – Mno Ode (Healthy Heart) – year 6. Diane Bott, Healthy Heart Specialist, Marlene Gasco, administrative assistant, Regina Brubacker-Carver RN, Health Educator, and Michele Keshick program director. This grant is will end September 30, 2016. We are currently developing a plan to continue case management and maintain the therapeutic relationships that we have fostered. We have worked to meld Mno Ode with the SDPI. The new program is called Mnozhiyaadaa (let’s live in good health). We will be able to continue our programming but it will be less intensive. We will not have the funds to provide incentives, exercise equipment or gym memberships that the Mno Ode afforded us but we will continue to look for funding opportunities. We have improved outcomes for our client’s by decreasing the burden of participation, giving them the tools that they need to make positive lifestyle changes and alleviating stress- - one of

our priorities. We will continue to work to reduce the cardiovascular risk factors for all of our people regardless of age, or diagnosis. We will continue to focus programming that encourages clients and families to increase the time spent being physically active and making healthier food choices. Our mantra is ‘move more eat better’. This program is also a Home Grown partner. We offer food preservation workshops in conjunction with SDPI-prevention and control, as well as, community health. In addition, Marlene and Regina are trained Tai Ji instructors as part of our collaboration with the Elder’s department on a fall prevention project. We are mirroring this grant so that 55 and younger can participate as well.



SDPI-Diabetes prevention and control-Regina Brubacker-Carver, Health Educator. Regina Brubacker-Carver-Since 2005 the role of Health Educator has focused on 5 main areas: education and risk reduction in the areas of obesity, diabetes and tobacco abuse, increasing knowledge of and access to the benefits of physical activity, and healthy children. Regina is responsible for staff trainings in HIPAA (Health Information Portability and Accountability Act), Standard Precautions, and CPR trainings. Individual appointments are available for general health education, health assessments, as well as, the development of personal wellness plans. Regina leads yoga class twice a week and has become a Tai Ji instructor. This latest endeavor is a collaborative effort between Mnozhiiyaa and the Elder’s department. She also is a member of the MSUE federally Recognized tribes Education Program (FRTEP)’s Advisory Board, as well as, being actively involved in horticulture and Small Scale Agriculture work group. This involvement is paving the way for us to obtain food sovereignty while increasing the availability of healthy, locally grown foods for our community. Homegrown project will include planting the Three Sister’s Garden at Ziibimijiwang (tribal farm) in 2016, as well as, controlled harvests at Bergs Farm and food preservation workshops.



Tribal Home Visiting Grant Report Project Year 3 of 5- Ashley Dominic, family spirit educator. This project is funded by the Federal Agency for Children and Families and LTBB is a sub-grantee partnering with the Inter-tribal Council of Michigan. This grant is an extension of the Healthy Start grant. Ashley and Carol Sodmon-Morris RN MSN Maternal Child Health Nurse work closely together to implement the Family Spirit Curriculum. Project Director is Michele Keshick, RN BS. Tribal Home Visiting and Healthy Start are available to any American Indian child ages 0-5. There are no income guidelines. Both programs provide parenting education through evidence based curriculum called Family Spirit primarily on an individual basis either in the home or office setting. Breast feeding is promoted. Incentives such as infant and toddler clothing, diapers, transportation and other materials for moms, dad, and babies are available for participation in home visits, assessments and events.



‘It takes 21 days, 21 eating and working out and it will become a habit’

Maternal Child Health/Healthy Start
 - (year 18) **Carol-Sodmon-Morris RN. BSN.** There are approximately 136 (both MCH and THV) participants. The primary goal of this program is to reduce infant mortality. They provide education, parenting classes, breast feeding support, transportation to appointments, as well as, accompany them for emotional support as needed. In addition, a portion of the grant is used to assist families with items such as diapers, clothing and breast feeding supplies. New parents may be eligible for a crib as part of our safe sleep initiative. They also, serve as a resource for assistance available within the community. Carol and Ashley will be obtaining their certification from the National Child Passenger Safety Certification Training Program so we are able to install/distribute car seats to keep our children safe. Healthy Start and Tribal Home Visiting grants work together to implement the Family spirit curriculum. This year we will be hosting 2 fathers' events.

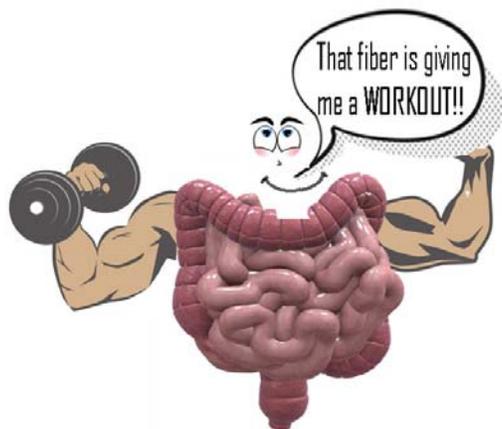


The REACH Journey to Wellness Grant – Billi Jo Head coordinator. REACH is a 3 year grant that is led by the Inter – Tribal Council of Michigan and funded by the Centers for Disease Control and Prevention and the Department of Health and Human Services, which ends in September, 2017. This Journey is an initiative to improve the health and quality of life of Native Americans in Michigan. In this plan we are focused on four Project Period Objectives (PPO)-increasing the number of people with improved access to smoke-free and/or tobacco-free environments, the number of people with improved access to environments with healthy food and beverage options, the number of people with improved access to physical activity opportunities and the number of people with improved opportunities for chronic disease prevention, risk reduction or management through clinical and community linkages. The Reach Grant will continue on through September, 2017. The second season for Odawegamigohns (tribal farmers market) will begin in June 2016. We are currently looking for a volunteer to manage the market. If interested please contact Billi at 231.242.1648



Children learn more from what you are, than what you teach.

Colon Cancer Project-Billi jo Head and Regina Brubacker-Carver are co-coordinators. The primary focus of this grant is to increase colon cancer screenings for our patients.



Home grown project- It is a multi-generational project that is sponsored by community health, diabetes, and healthy heart and health admin. It is a part of our vision to have food sovereignty. This program has been very successful. We continue to encourage families to harvest and preserve foods, as well as, planting gardens at their homes. There will be more of an emphasis placed on home/container gardening this year. Carol Kiogima is monitoring the harvests. We will be planting the Three Sisters garden this year. We also plan to plant berry bushes. We have contracted Berg Farms again this year. Harvesting will be on Monday evenings. Carol Kiogima will be monitoring the harvest which are slated to begin at the end of June. We will be hosting food preservation classes as well. Odawagamigons (Tribal farmers market) will be open for it's second season. It will be located at Biindingen.



Native Way One and Two is currently supported by the Healthy Heart Grant and third party funds. It is our long term goal to relocate the gym to a location that is not so isolated. The classes are led by tribal member's volunteers. Additionally tribal members are encouraged to be leaders to ensure sustainability of the programs currently offered. Yoga is held at Native Way there are 4-8 regular attendees. Tae kwon do continues to be successful with approximately 15 regular participants. This is currently being led by the Youth boxing has resumed and is currently recruiting. We can look forward to Tai chi classes in the very near future. There are 128 card holders to Native Way.



Gchinendam Zidan Gamig - Foot and nail care is offered on Tuesday's and Wednesday's. Additional days/times are available if these are not convenient. This service is available to anyone over 18.

Laugh, Learn and Live classes (SDPI prevention and control and healthy heart sponsor) are hosted once a month. These classes have been very well attended. We average 15 people whom attend. The feedback has been positive. We are also incorporating the educational and activity that participants have suggested. These classes focus on stress reduction and building a sense of community. We also demonstrate healthy food choices and provide a nutritional educational component each class. The nutritional component is led by our registered dietician Carla Gordon. This class has decreased feelings of depression and social isolation in several of our patients.

The aquatic exercise program is offered September-June. This continues to be a successful program-co-hosted by Mno Ode and the special diabetes program



Today is the chance to
change yourself for the better.



Spring Grant

Project Coordinator—Angie Woodin

SPRING Project Summary:

The Little Traverse Bay Bands of Odawa Indians (LTBB) was awarded the Strategic Prevention Framework Tribal Incentive Grant (SPF TIG) at the end of July 2009. This project, known locally as SPRING (Significant Prevention Resulting in New Generations) is the first substance abuse prevention effort in which the tribe has participated.

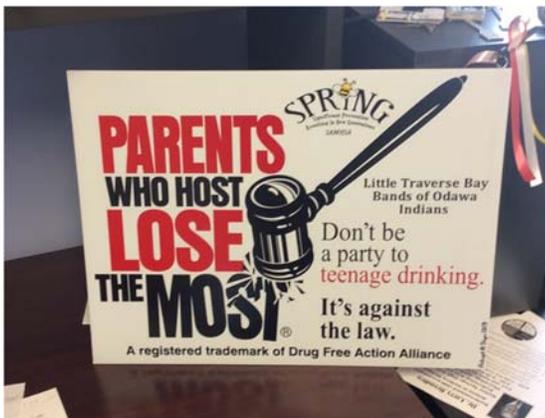
SPRING is currently working under two grants this year. One is the SPF TIG, under the no cost extension period of July 1, 2014 to June 30, 2015.

There is currently three staff:

- ⇒ Community Organizer: Mike Rogers was hired on January 21, 2013
- ⇒ Outreach Worker: Yvonne Goudreau was hired on November 9, 2009.
- ⇒ Coordinator: Angie Woodin was hired on October 24, 2011.

The Little Traverse Bay Bands of Odawa Indians' SPRING priority issue is to reduce underage drinking and to reduce the usage of marijuana (30 day use) among the youth in the community. According to the LTBB Underage Drinking Logic Model (the marijuana intervening variables have not been established yet and are not found within this current model) there are three intervening variables that were identified: social access; social norms-acceptance of underage drinking; and low perception of risk of underage drinking. There are nine contributing factors that were determined to attempt to explain the "whys." They include:

- youth obtain alcohol from family
- youth obtain alcohol from home (with or without parental knowledge)
- youth obtain alcohol from friends
- parental acceptance of underage drinking
- youth acceptance of underage drinking by their peers
- youth believe there is high peer alcohol use
- youth and parents do not believe that



The five strategies SPRING staff is currently working on include:

Parents Who Host Lose the Most:

This is an environmental strategy that was voted in by SPRING's Advisory Council on June 28, 2011. "Parents Who Host Lose the Most" campaign brings forth a sense of community awareness about the legal consequences for those who provide alcohol to youth under the age of 21 years old.

The seven communities (Petoskey, Harbor Springs, Alanson, Pellston, Mackinaw City, Inland Lakes, and Wolverine) receive signs twice each year. The first implementation phase is during the homecoming times of surrounding schools. The second time signs are implemented is during the period of graduation and prom for the schools. There are homes and businesses that have committed towards the importance of keeping our youth safe.

FACE (Facing Alcohol Concerns through Education): An environmental strategy voted in by SPRING's Advisory Council on June 28, 2011. The biggest awareness campaign is displayed through banners. SPRING currently has one billboard remaining that is located close to the Pellston Airport. Our banners are displayed at football fields, basketball gymnasiums, and baseball fields with an array of different prevention messages.



.Vertical ID Tribal Enrollment Cards/ Fact Sheets: An environmental strategy that SPRING's Advisory Council voted in on March 20, 2012. This strategy was implemented in the summer of 2012. There have been approximately 79 tribal enrollment cards issued to minors this year, which would include 2014 to the present date. The purpose of vertical ID cards is to help retail stores and police identify a minor at a faster rate. The vertical ID cards also help in the prevention of creating false ID cards, due to the ghost image approach that makes it harder for duplication.

Fact Sheets: The fact sheets consist of various facts and statistics that are gathered as well as our contributing factors. These are submitted monthly to the Odawa Trails for publication. The fact sheets are now being created for future distribution to families in an effort to educate towards the many aspects of underage drinking.

AlcoholEdu for High School: Is a participant level and evidence based strategy that was voted in by SPRING's Advisory Council on March 20, 2012. Implementation for this program started in the fall of 2012. AlcoholEDU is a program targeted at high school students and their parents to help combat underage drinking. The program was created by Everfi and provides an experience that reduces support for underage drinking, improves knowledge of alcohol and its effects, motivates behavior change, and supports safer and healthier decisions regarding alcohol.

SPRING's Annual Survey: SPRING continues to update our Epidemiological profile for the Little Traverse Bay Bands of Odawa Indians. The SPRING Project implements an annual survey that is sent to all tribal citizens within the 27 county service area. The 2014 SPRING survey collected approximately 56 youth surveys to be put into a data base system, they will be analyzed, and we will have the results placed within a finished report. According to SPRING's epidemiologist, she is still compiling the final numbers for the adults.



Capacity building:

SPRING continues to build capacity with community partners and we are a part of an existing coalition entitled, Substance Abuse Free Environment of Northern Michigan, commonly known as SAFE SPRING also works closely with other tribal departments to build capacity, promote cultural aspects of prevention and plan sustainability to continue after the grant ends. SPRING has two main events throughout the year for capacity building. The Year-End Celebration; the schools gather together at the LTBB Government Center for a full day of cultural teachings, typically there are at least 100 students and school representatives who participate for that day. The second event is a fall encampment; the encampment is full of cultural activities where we bring families together to interact with one another in a fun and positive way. Both events are in collaboration with other LTBB departments.

